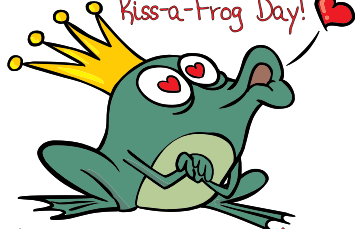


February 14 is International
Kiss-a-Frog Day!



(Um ... I mean Valentine's Day)

Featured Specials of the Day

Wednesday, February 1

TACO SALAD

(Meat/Cheese/Beans/Rice/Corn/Lettuce)

Fresh Fruit or Juice / Bottled Water or Baked Chips / 1% Milk

Thursday, February 2

ITALIAN DIPPERS/MARINARA SAUCE

Fresh Veggies / Aloha Roll / Fresh Fruit or Juice

Bottled Water or Chips / 1% Milk

Friday, February 3

PASTA BAR

Muffin / Green Beans / Fresh Fruit or Juice

Bottled Water or Chips / 1% Milk

Monday, February 6

PORK RIB PATTY/BUN

Potato Wedges / Fresh Veggies / Fresh Fruit or Juice

Bottled Water or Baked Chips / 1% Milk

Tuesday, February 7

ULTRA BAGEL DOG

Potato Wedges / Fresh Veggies / Fresh Fruit or Juice

Bottled Water or Baked Chips / 1% Milk

Wednesday, February 8

TACO SALAD

(Meat/Cheese/Beans/Rice/Corn/Lettuce)

Fresh Fruit or Juice / Bottled Water or Baked Chips / 1% Milk

Thursday, February 9

CHICKEN STRIPS/POTATO ROUNDS

Fresh Veggies / Fresh Fruit or Juice

Bottled Water or Baked Chips / 1% Milk

Friday, February 10

CHEESE RAVIOLI'S/GREEN BEANS

Fresh Salad/Dressing Fresh Fruit or Juice

Bottled Water or Baked Chips / 1% Milk

Paradise Unified School District

FEBRUARY 2012 LUNCH MENU PARADISE HIGH SCHOOL

Available Daily

Tall Timber Pizza

Freshly Made Pre-Packed Salads

Fresh Deli Sandwiches & Wraps

Homemade Burritos

Super Nachos

Oriental Rice Bowls

Yogurt Parfaits

Fresh BBQ Items

Bobcat Cafe



Monday, February 13

CHICKEN TAQUITOS/RICE CHIPS/SALSA

Fresh Veggies / Fresh Fruit or Juice

Bottled Water or Baked Chips / 1% Milk

Tuesday, February 14

DELI SANDWICH BAR

Fresh Veggies / Fresh Fruit or Juice

Bottled Water or Baked Chips / 1% M

Wednesday, February 15

TACO SALAD

(Meat/Cheese/Beans/Rice/Corn/Lettuce)

Fresh Fruit or Juice / Bottled Water or Baked Chips / 1% Milk

Thursday, February 16

BOBCAT BOWL

(MASHED POTATOES/CHICKEN NUGGETS/
CORN/GRAVY/CHEESE)

Fresh Veggies / Fresh Fruit or Juice

Bottled Water or Baked Chips / 1% Milk

Friday, February 17

NO SCHOOL ~ Lincoln's BDay



BE MY
VALENTINE!

BE
MINE

HUGS!

Featured Specials of the Day

Monday, February 20



Presidents' Day

No School Today



Tuesday, February 21

CHICKEN STRIPS / TATER TOTS

Fresh Veggies / Fresh Fruit or Juice

Bottled Water or Baked Chips / 1% Milk

Wednesday, February 22

TACO SALAD

(Meat/Cheese/Beans/Rice/Corn/Lettuce)

Fresh Fruit or Juice /

Bottled Water or Baked Chips / 1% Milk

Thursday, February 23

MEATBALL SUB SANDWICH

POTATO ROUNDS

Fresh Veggies / Fresh Fruit or Juice

Bottled Water or Baked Chips / 1% Milk

Friday, February 24

GRILLED CHEESE SANDWICH/SOUP

Fresh Veggies / Fresh Fruit or Juice

Bottled Water or Baked Chips / 1% Milk

Monday, February 27

BACON CHEESEBURGER/BUN

Potato Wedges / Fresh Veggies / Fresh Fruit or Juice

Bottled Water or Baked Chips / 1% Milk

Tuesday, February 28

TURKEY/GRAVY/POTATOES

Fresh Veggies / Fresh Fruit or Juice

Bottled Water or Baked Chips / 1% Milk

Wednesday, February 29

TACO SALAD

(Meat/Cheese/Beans/Rice/Corn/Lettuce)

Fresh Fruit or Juice / Bottled Water or Baked Chips / 1% Milk